

Twenty-Ninth Annual IUN Forum on Child Abuse & Neglect

Ending Child Abuse and Neglect

Friday, April 26, 2019 ~ 9:00 AM – 4:00 PM (Central Time)
Bergland Auditorium – Savannah Center ~ Indiana University Northwest

8:15 – 9:00 Pre-Registrant Sign In/On-Site Registration – Donuts and coffee available – Networking

9:00 *Welcome and Introductions* – Elizabeth Guzman-Arredondo, Calumet College of St. Joseph; Marshelia Harris, IUN School of Social Work; Ellis Dumas, Indiana Department of Child Services; Chancellor William Lowe, Indiana University Northwest

9:15 *Keynote Address* – Ending Child Abuse and Neglect: Notes From a Survivor
Lori Poland

Executive Director, National Foundation to End Child Abuse and Neglect (EndCAN)

10:45-12:00 *Workshop Session I*

1. Lori Poland – Ending Child Abuse and Neglect: Follow-up Discussions with the Keynoter
2. Ellis Dumas and Thomas Stefaniak – Lake County Child Welfare Issues and Trends
3. Speaker TBD – ACE Interface: Building Self-Healing Communities - Part I (see workshop 7)
4. Stephanie Shene – Resilience: The Biology of Stress and the Science of Hope (Part I – Video)
5. Trustee Frank Mrvan and panel -- Sexual Abuse Prevention: No More Secrets, an Update
6. Sophia Arshad – NWI's Immigrants: Legal and Social Services Issues

12:00 *Lunch Break / Networking*

1:00-2:15 *Workshop Session II*

7. Speaker - TBD – ACE Interface: Building Self-Healing Communities -- Part II (see workshop #3)
8. Stephanie Shene – Resilience: The Biology of Stress... (Part II - Discussion) (see also #4)
9. Tracy Lewis – The Impact of the Opioid Epidemic on Minority Communities
10. Laura Smith-Wynn and Rosemarie Grabowski – School Dropout Prevention: A Precursor to Ending Violence in the 'Hood'
11. Natalie Lukich and panel – Families and LGBTQAI+ Issues
12. Wendy Hensley – Supporting Supervisors and Staff: A Training in Reflective Supervision

2:30 *Closing Plenary*

Presentation of Prevent Child Abuse Lake County's (PCALC) Annual Dr. Richard W. Hug Cherish the Children Award

Special Guests: Todd Meyer, Associate Director, Indiana Department of Child Services

Sharon Pierce, Prevent Child Abuse Indiana

Special (Surprise) Guests

4:00 *Adjourn*

This is an IUN School of Public and Environmental Affairs (SPEA) Public Service Month event.

Program Notes ~ Twenty-Ninth Annual IUN Forum on Child Abuse and Neglect
Ending Child Abuse and Neglect

In recent years, advocates for the prevention of child abuse and neglect have adopted an ambitious goal – to END child abuse and neglect. Advocates argue that it is not enough to deal with abuse and neglect AFTER they occur; that it is important to focus research, services, and policy attention so that abuse and neglect NEVER occur.

This year's keynote speaker, Lori Poland, believes in this message so strongly that she established a foundation and named it "EndCAN". In 1983, three-year-old Lori Poland was abducted from her front yard, sexually abused, and left in the pit of an outdoor toilet in a remote area of Colorado. After three days she was rescued by a pair of birdwatchers. Besides the trauma of abduction, she also endured emotional abuse and ongoing sexual abuse, over a long period of time. In her keynote address she will detail how she left the shadows behind, moved out of suffering and into compassion, healing, and hope. Her message is that it is possible to move past the anguish, to let go of the hurt, to find inner peace and connection, and thus create a new normal.

Two double workshops this year focus on ACE's (Adverse Childhood Experiences) and our society's response. The one-hour film, *Resilience: The Biology of Stress and the Science of Hope* will be shown again this year in the morning with a full afternoon session devoted to discussion. The two-part ACE Interface workshop will focus on how to apply ACE's research and the science of hope to achieve "self-healing" communities.

Ending child abuse and neglect and other ACE's would go a long way toward ending other modern problems. Two new workshops this year address two of these problems: youth violence and the opioid epidemic. "Ending Violence in the 'Hood' focuses on school dropout prevention; "The Impact of the Opioid Epidemic on Minority Communities" offers a perspective on the issue that is not often voiced.

While there are many new topics and speakers this year, longtime Forum participants will recognize some favorites from the past. Familiar names will return to address immigration issues, LGBTQ matters, reflective supervision, and the prevention of child sexual abuse. In addition, DCS Regional Director Ellis Dumas will again join Juvenile Court Judge Thomas Stefaniak to report on local trends and issues in their domains.

Lori Poland

Lori Poland, MA, LPC is Executive Director of EndCAN, a foundation focused on research to end child abuse and neglect which she co-founded with Dr. Richard Krugman. Ms. Poland has spent her career in a variety of positions working with families, children and individuals in a variety of clinical and other settings in the public and private sector. Ms. Poland has worked as a lecturer or keynote speaker at hundreds of conferences, trainings, classes, and other events over the years. Most recently, she provided the keynote address at the 2018 national Zero to Three conference. She was also recently featured, along with Dr. Krugman, on NBC TV's Today Show.

Workshop Session I – 10:45 AM to 12 Noon

1. **Ending Child Abuse and Neglect: Follow-up Discussions with the Keynote**

Lori Poland, Keynote speaker (see biography above)

This session will provide an opportunity to engage in more detailed discussions with Ms. Poland. After a summary of the keynote presentation Ms. Poland will entertain questions and engage in further discussion on, among other things, the impact of child abuse and neglect (CAN); the developmental process of healing; skills for supporting survivors, their families, their communities, and professionals impacted by daily exposure to CAN; and the strategic plan of her new foundation (EndCAN).

2. **Lake County Child Welfare Issues and Trends**

Ellis Dumas, Region I (Lake County) Director, Indiana Department of Child Services (DCS)
Thomas P. Stefaniak, Jr., Senior Judge, Lake Superior Court, Juvenile Division

This session provides an opportunity to meet with, and ask questions of, the Director of the Lake County office of the Department of Child Services and the Senior Judge of the Juvenile Division of the Lake County Superior Court. Mr. Dumas and Judge Stefaniak will review recent issues and trends in child welfare problems, services, policies and practices in Lake County.

3. **ACE Interface: Building Self-Healing Communities - An Introduction (Part I)**

Speaker -- TBD

ACE Interface (<http://www.aceinterface.com/>) is a company co-founded by a key member of the original ground-breaking ACE's (Adverse Childhood Experiences) research team. This two-part workshop will provide an introduction to the ACE Interface approach to "building self-healing communities". The approach features rapid dissemination of information about ACE's and resilience science and the promotion of understanding and application of that science to improve health and well-being across the lifespan.

Note: Please remember to also register for ACE Interface -- Part II – Workshop #7

4. **Resilience: The Biology of Stress and the Science of Hope (Part I – The Video)**

Stephanie Shene, Assistant Director of Programs, Prevent Child Abuse Indiana

Returning again this year is a showing and discussion of *Resilience: The Biology of Stress and the Science of Hope*. Stephanie Shene will introduce the film, show it in the morning workshop and return in the afternoon (Part II – Workshop #8) for a discussion of the strategies and policies that are currently being utilized or can be implemented to better foster resiliency in local communities. The film outlines the biological effects of child abuse and neglect and other traumas (ACE's) on the bodies and brains of children, putting them at greater risk for disease, homelessness, prison time, and even early death. It concludes with the science of hope for fostering resiliency in individuals and communities.

5. Sexual Abuse Prevention: No More Secrets: An Update

Frank J. Mrvan, North Township Trustee

Mayra Rodriguez-Alvarez, Immigration Attorney, Office of the North Township Trustee

Tavell Grant, Assistant Community Developer, Office of the North Township Trustee

North Township Trustee Frank Mrvan and his team will provide background information on the Township's No More Secrets project, an effort focused on dealing with the problem of child sexual abuse. The team will describe the problem, provide a report on recent legislative efforts, and review current and future efforts with local school districts to break the cycle of sexual abuse by encouraging reporting while minimizing trauma for victims. Trustee Mrvan created the No More Secrets campaign in 2015 and played a key role in the passage of state legislation in 2017 mandating child sexual abuse education efforts in Indiana schools.

6. Northwest Indiana's Immigrants: Legal and Social Services Issues

Sophia Arshad, Attorney / Managing Partner, Arshad, Pangere and Warring LLP

This session, first presented in 2016, brings back for further discussion a pair of experienced legal and social services providers and advocates. Topics for 2019 include the services needed by immigrants, the resources available to help them, and the effects of the various actions of the Trump administration on immigrants and the undocumented.

Workshop Session II – 1:00 PM – 2:15 PM

7. ACE Interface: Building Self-Healing Communities -- An Introduction (Part II)

Speaker -- TBD

Note: To register for this session you must also register for ACE Interface Part I – Workshop #3 ACE Interface (<http://www.aceinterface.com/>) is a company co-founded by a key member of the original, ground-breaking ACE's (Adverse Childhood Experiences) research team. This two-part workshop will provide an introduction to the ACE Interface approach to "building self-healing communities". The approach features rapid dissemination of information about ACE's and resilience science and the promotion of understanding and application of that science to improve health and well-being across the lifespan.

8. Resilience: The Biology of Stress and the Science of Hope (Part II -- Discussion)

Stephanie Shene, Assistant Director of Programs, Prevent Child Abuse Indiana

This is discussion of the film, *Resilience: The Biology of Stress and the Science of Hope*, shown last year at the IUN forum and in the morning session (Part I – Workshop #4) this year. Stephanie Shene will lead the discussion focusing on the strategies and policies that are currently being utilized or can be implemented to better foster resiliency in local communities. (The film outlines the biological effects of child abuse and neglect and other traumas (ACE's) on the bodies and brains of children, putting them at greater risk for disease, homelessness, prison time, and even early death. It concludes with the science of hope for fostering resiliency in individuals and communities.)

9. The Impact of the Opioid Epidemic on Minority Communities: Documentary and Discussion

Tracy Lewis, Executive Director, Community Advocates of Northern Indiana

This session features a showing and discussion of *The Impact of the Opioid Epidemic on Minority Communities*, a documentary video produced by the Indiana Minority Health Coalition and Side Effects Public Media of Indianapolis. The video features a distinguished panel including an anesthesiologist, a mental health and criminal justice researcher, a Harvard law professor, and a prominent educator and politician. The panel explores a variety of issues related to racial and ethnic differences in the treatment of addiction within the criminal justice and medical systems.

10. School Dropout Prevention: A Precursor to Ending Violence in the ‘Hood’

Laura Smith-Wynn, Founder and CEO, Indiana Parenting Institute

Rosemarie Grabowski, Manager, Family Education and Support Services, Indiana Parenting Institute

Research shows that kids who drop out of school often have bad outcomes in later life – unwanted teen pregnancies, youth violence and incarceration, and alcohol and drug abuse. This workshop, recommended for parents, school personnel, and prevention professionals, will review some of the research on those outcomes and focus on strategies – working with parents and students -- for keeping kids in school.

11. Families and LGBTQAI+ Issues

Natalie Lukich, LGBTQAI+ Coordinator and Counselor, Crown Counseling

Natalie Lukich returns again this year to lead this workshop. It will provide an opportunity to learn about a variety of issues related to sexual/gender identity. Topics include common problems faced by families, best practices for working with families, updated language on these matters, and safe places to ask questions about sexual/gender identity.

12. Supporting Supervisors and Staff: A Training in Reflective Supervision

Wendy Hensley, MPA, IMH-E® (IV), Infant Mental Health Mentor; Program Director, Mental Health America of Lake County

Reflective supervision is the emerging approach now considered a “best practice” for organizations where stress, high turnover, and service quality are significant issues. Its goal is to support staff who then support families thereby creating more effective working relationships. Reflective supervision promotes and supports the development of a relationship-based organization. In this session, participants will explore the components of reflective supervision and have the opportunity to observe and work on key skills associated with its practice.

Forum Partners

~ Prevent Child Abuse Lake County (PCALC) ~

~ Mental Health America of Lake County ~

~ Service League of Northwest Indiana ~

~ The Villages ~

~ Early Learning Partnership of Northwest Indiana

~ Indiana Department of Child Services ~

~ IUN School of Public and Environmental Affairs ~

~ IUN School of Social Work ~

~ IUN School of Nursing ~

~ PUC School of Nursing ~

~ Ivy Tech School of Nursing ~

~ Calumet College of St. Joseph ~

~ Sigma Theta Tau ~

~ Geminus Community Partners ~

~ Franciscan Health Dyer / Hammond ~

~ The Indiana Kids First Trust Fund ~

~ The Lake County CASA Program ~

~ IUN Center for Urban and Regional Excellence ~

Registration Notes ~ Twenty-Ninth Annual IUN Forum on Child Abuse and Neglect

This event is free but because of space constraints for certain breakout sessions and the need for a lunch count, **pre-registration by Monday, April 22th is strongly recommended. Again, this year we will use an on-line registration procedure. Beginning April 1, you may use this link to enter your registration information ---- <https://iunforum.wufoo.com/forms/2019-iun-forum-registration/>**

As before, you will be asked to provide your name, organization name, e-mail address, the numbers of the breakout workshops that you wish to attend and whether or not you need a formal CEU certificate or only a Certificate of Participation. You will receive a confirmation of your registration by return email. This is your “ticket” to the Forum.

The IUN Forum will **provide continuing education units (CEU’S) for licensed social workers.** A CEU sign-up sheet will be available in each plenary and workshop session for social workers to complete with their **licensure number and signature.** If a sign-in sheet is not available, please ask a student volunteer for assistance with locating a CEU sheet. Turn in completed CEU sign-in sheets to the **CEU** table located outside the Bergland Auditorium in the Savannah Center—the site of the closing plenary. Participants will receive CEU certificates via email or regular mail to a listed address for those participants without an email address.

Walk-ins at the forum are always welcome, but walk-ins and those who register after April 21 cannot be guaranteed the availability of free lunches. The IUN cafeteria, will, however, be open.

THIS YEAR, BOTH THE OPENING AND CLOSING PLENARY SESSIONS WILL BE HELD IN BERGLAND AUDITORIUM IN THE SAVANNAH CENTER. (Last year we held these session in the new Arts and Sciences building located on the EAST side of Broadway. This year we are back in Bergland Auditorium (WEST side of Broadway), the site of the forum in most previous years. (See the campus map here: <http://www.iun.edu/map/index.htm>). Overflow areas will be available to accommodate those without a seat in the theatre. Individuals unable to attend the forum but who would like to participate may do so by joining a live web-streaming of the event available here -- www.indiana.edu/~video/stream/liveflash.html?filename=iunims . CEU units and certificates of participation are not available for those participating online.

The university will provide Guest Wi-Fi services and registration is not needed. Simply turn on your device’s Wi-Fi and select “IUN Guest”. No password is required but you may need to open your web browser and agree to IUN’s policies to complete the connection.

IUN parking is available in the main lot (off 33rd Avenue - north of the Savannah Student Activities Building) and in lots on the east side of Broadway north of 34th Avenue. Campus police will suspend enforcement of the usual rules requiring stickers for this event. Do avoid, however, the “reserved” spaces.

This year the number of vendor display spaces at the forum will be limited. Applications for spaces (one 6-foot table) will be accepted first from forum co-sponsor agencies (until April 1). After April 1, spaces will be available to other organizations with close links to the purposes of the forum. The deadline for vendor applications is April 20. To apply for vendor space contact The Villages offices at 219-762-3465. You may also call The Villages office for any questions about registration.

***Registration begins on April 1, 2019 at**
<https://iunforum.wufoo.com/forms/2019-iun-forum-registration/>

***Note: If you try the link before April 1 you will get a message saying that it is “private”. It will become active and “public” at 12:01 AM on April 1.**